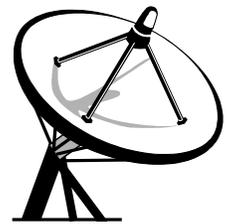


# Training & Resource Center

IL Department of Public Health  
828 South Second Street, 2<sup>nd</sup> Floor  
Springfield, IL 62704

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## Women and Arthritis

May 11, 2005

1:00pm – 2:00pm (ct)

**Goal:** To provide state and local health agency staff, providers, and caregivers a better understanding of the specific needs of their female clients with arthritis.

**Objectives:** Participants will be able to:

- Describe several types of arthritis that primarily affect women and the symptoms associated with each type.
- Understand the importance of early diagnosis and appropriate management of arthritis to enhance their quality of life.
- Understand how appropriate physical activity can be an important part of arthritis management.
- Describe three evidence-based Arthritis Foundation programs that can help women with arthritis.
- Describe other resources that are available to women with arthritis.

**Target Audience:** Local health departments/agencies, health care providers, critical access/rural hospitals, AHEC sites, schools of public health, medical schools, health professions schools, AF state and branch sites, county medical socialites, allied health professions schools, pharmacy groups, social workers and vocational rehabilitation workers.

**Faculty:** **Sharon Green**, Deputy Director Office of Women's Health, Illinois Dept. of Public Health  
**Jan Costello**, Chief, Division of Information and Education, Office of Women's Health, Illinois Department of Public Health  
**Charlotte Harris, MD**, Assoc. Professor. Department of Internal Medicine, Rush-Presbyterian St. Luke's Medical Center  
**Rowland W. Chang, MD, MPH**, Professor, Preventive Medicine, Medicine and Physical Medicine and Rehabilitation, Northwestern University Feinberg School of Medicine  
**Paula Reeves**, Director, Southern Illinois Branch Office, Arthritis Foundation  
**Jennifer Durkin**, Patient Services Coordinator, Lupus Foundation of Illinois  
**Wendy R. Housel**, Arthritis Foundation Volunteer  
**Darby Tio, MSW**, Executive Director, Lupus Foundation of Illinois

**CEU's:** One credit hour of CEU's has been applied for through Oakton Community College, Des Plaines, IL.

**Site Registration:** See attached.

